

THE IADA NEWS

Indiana Activity Directors Association
The professional and accrediting organization for Activity Directors
Fall 2011



Our board gives leadership for another year!

L-R: Judith Zahn (outgoing secretary), Terri Dickus (vice-president/education), Erica Thomas (vice-president/membership), Barb Eckert (president), Sheila Daws (treasurer), Dietlind Woods (co-treasurer)

ANOTHER SUCCESSFUL YEAR FOR IADA

Conference Workshops, Business Continue Optimistic Spirit, Professional Pursuits

One district has been rejuvenated, financials are solid, and educational opportunities have been first class. Our President and board have been busy and membership is solid. And above all, residents are being served by a membership that is certified, more than merely qualified.

“Our conferences this year have been exceptional,” stated Second Vice President Terri Dickus. She reminded us of Spring Conference’s speaker Dr. John Glick and the need **to bring joy into the lives of residents** and clients. She provided an update on his trip to Africa (“amazing things happened”) and reported that Dr. Glick and his wife are expecting a son. Fall Conference’s emphasis on **theme programming and person-centered care** has been very well received.

Terri announced dates for the **2012 educational conferences:**

Spring Conference – Mar. 7-9 at Drury Inn, 8180 N. Shadeland Ave., Ind’pls, with Tonia Hooker

Fall Conference – Oct. 10-12 at Seasons Lodge, Nashville, Ind.

She also introduced **eight newly accredited Activity Directors**, who passed the certification test at the Fall Conference: Diana Bateman, Amanda Benson, Pam Carter, April Dager, Madison Henderson, Ann Oeding, Karmajean Ostermyer, and Judy Radke.

First Vice President Erica Thomas reported that **membership remains strong**. There are 202 full, paid members. **District 6 has been rejuvenated**, now with 12 members and elected officers, after several years of very low membership and no officers. **District 2 has the most members with 43**. District officers received their membership ‘reimbursement’ checks from the state treasury at the Fall Conference.

Erica also reminded members to submit a completely filled-out application *each year*. This helps maintain current addresses, phone numbers, e-mail addresses, etc. Incomplete applications delay the process. Also, any time a facility pays for the membership, it is considered a “facility membership,” even when a member leaves the facility. An “individual membership” is paid by the member and is portable.

Treasurer Dietlind Woods said **that IADA finances are up** almost \$3400 over last year. The association had \$38,965 in income for fiscal year 2011, primarily through conference fees and memberships. Expenses for the year were \$35,228. The starting balance for fiscal 2011 was \$30,512 and the ending balance was \$33,986. The board is to be commended for **its thrifty management of member finances**.

The following were elected to state offices for 2012:

- Barb Eckert – President
- Erica Thomas – First Vice President
- Terri Dickus – Second Vice President
- Toni Jacobsma – Secretary
- Shelia Daws – Treasurer
- Dietlind Woods – Co-treasurer



What's An AD to DO?



For 25 years, the National Certification Council for Activity Professionals has been the standard bearer for qualifications and educational requirements for activity directors nation-wide.

“We brought activities from the three B’s to the place where we are now seen as professionals, with training, certification, and so forth,” NCCAP board member Johnny Rowlett shared with the IADA business meeting Oct. 14. (The three B’s affectionately refers to the days when activity directors specialized in “Bingo, Birthdays, and Bible.”)

On the other hand, the National Association of Activity Professionals feels a need to have its own national system of credentialing and certifying people in the activity profession, according to Glenda Dearth, IADA’s state contact with NAAP. NAAP has launched a website addressing its own certification program at www.naapcc.net.

National certification is a recognition that an AD has performed to standards acceptable in all states. Some states only recognize national certification, while most states – including Indiana – only require an AD training course. (Sadly, Indiana doesn’t require ‘certification’ for activity directors, only ‘qualification’.)

A brief history: Originally, NCCAP was affiliated with NAAP as its certifying arm. As the responsibilities and work of developing standards, working with CMS and state regulators grew, NCCAP developed its own board and work. The two groups are now distinct, though mutually beneficial.

For more information about these organizations, you are encouraged to visit their websites:

NCCAP – www.nccap.org

NAAP – www.thenaap.com

In other NCCAP and NAAP related news:

- NCCAP will be issuing a national accreditation test on Jan. 1, 2012. This move is part of NCCAP’s continuing efforts to raise standards for activity professionals on all levels.
- Johnny encouraged qualified IADA members to attain “provisional” national certification by Dec. 31, 2011, which gives them six years to achieve full certification without taking the national test. Criteria for national certification (and provisional national certification) is available on the NCCAP website.
- NAAP is running a membership recruitment contest. Any member who recruits ten new members will be able to attend the 2012 NAAP Conference in April for free. The conference is in Murfreesboro, Tenn.



DISTRICT REPORTS

(as reported at the IADA Fall Conference – slight editorial adjustments may have been made, but no changes to content)

District 1 – Northwest – Marcia Dills reporting

We have had an action-packed year. Our membership has flexed some, but for the most part it has been stable, with 42 members. Our first meeting was Jan. 18 at Golden Living Community, LaPorte. Our program was a speaker from the Alzheimer’s Association on end-of-life activities.

We met Mar. 22 at Chicagoland Christian Village, Crown Point. The chaplain there spoke on the importance of spirituality to residents. We also shared available resources.

On May 17 we had a district workshop at St. Agnes Adult Day Services, Valparaiso. The theme was “Creativity in a Changing Culture.” Topics included process arts and the culture change movement in long-term care.

July 19 we met at Culver Community Library, hosted by Miller’s Merry Manor of Culver.

Terri Dickus spoke on person-centered care.

We conducted our election of 2012 officers at our September meeting at Miller’s Merry Manor in Walkerton. Our speaker was from Harbor Lights Hospice on managing difficult behaviors.

The final meeting of 2011 will be Nov. 15 at George Ade Memorial in Brook, where Barb Eckert will speak on MDS 3.0.

In 2012 we will be “going green” by sending all district meeting reminders through e-mail to members. In addition, we will be offering our district workshop again. The district is sound financially and we look forward to quality speakers at our 2012 meetings.

District 2 – Northeast – Lisa Moore reporting

The year started off on the ‘sweet side’ for our district as we met at DeBrand’s Fine Chocolates in Fort Wayne. The District paid the \$5 fee for attendees in honor of Activity Professionals Week. DeBrand’s is a good place for resident tours, including those in wheelchairs. At the end of the tour, everyone received a \$5 coupon off a purchase of \$10 in the chocolate store.

Cindy Shepard was our program in March, speaking on one-on-one programming. Chris Buckland shared in June on Theme Oriented Activities.

Our annual Summer Seminar was in July, with Cindy Shepard, John Rowlett and Brad Harris presenting. Attendance was lower than expected this year, but all who attended had very good reviews on their evaluations. Six credit hours were approved by NCCAP for the seminar.

Barb Minger of GFS, Inc., spoke in September on foods available for activities.

Our 2012 officers were elected in Sept. They are:

- President: Vi Musser
- 1st Vice Pres.: Darlene Swing Wilson
- 2nd Vice Pres.: Glenda Rowe
- Secretary: Marsha Miller
- Treasurer: Chris Buckland

Our beginning checkbook balance was \$3993.50 (Jan. 11) and current balance is \$4239.96, a \$246.46 margin for the year. Membership has remained steady around 42 (give or take a couple).

District 3 – Central West – No Report Available

District 4 – Central East – Glenda Burcham reporting

District 4 has had meetings conducted in different counties throughout the year with topics on programming for neighborhoods, crafts, event planning, volunteer ideas and water exercise.

We are also working on the Christmas tree for the annual Festival of Trees at the Paramount Theater in Anderson.

At our last meeting (Sept. 15), we discussed how to increase attendance at district meetings. Most directors say they can't get away from work, so we are planning to have two meetings in 2012 at 6:30 p.m. to see if it helps with attendance.

At our September meeting, the following officers were elected:

President: Glenda Burcham

Secretary: Pat Coffin

Vice President and Treasurer positions are open.

Our next meeting is Nov. 17 at Glen Oaks, New Castle at 4 p.m. Our topic is conference review. Bring a \$5.00 gift for Christmas gift exchange.

District 5 – Central – Glenda Dearth reporting

District 5 has been busy re-vamping itself. Our meetings have been conducted at Brookdale at Fall Creek, The Hearth of Windermere and MorningSide of College Park. Our educational sessions varied from making jewelry to dementia behaviors to learning about medications in the elderly.

As of Sept. 22, our current balance is \$538.02 and membership is 35-37.

Election of officers was conducted in Sept. We expressed our appreciation to Dietlind Woods who will no longer be our treasurer. She has been dedicted as our district and IADA state treasurer. Officers are:

President: Glenda Dearth

1st Vice Pres.: Cindy Colpitts

2nd Vice Pres.: Lynn Castor

Treasurer: Pam Carter

Secretary: Rhema Glover

Our next meeting is Nov. 17 at 9:30 a.m. at MorningSide of College Park. The program will be a discussion on how to build district attendance. A light lunch will be served.

District 6 – Southeast – Kim Pearson reporting

District 6 will have its next meeting at Keepsake Village, Columbus, on Nov. 16 from 1-3 p.m. The education topic is undecided. There will be discussion on dates and locations for the 2012 meetings. Locations will alternate between southern Indiana and the Columbus-Seymour area.

Education topics have included Alzheimer's activities, adaptations for stroke patients, volunteers, music therapy, and the Best Friends Model for Alzheimer's programming.

Officers elected at our Sept. meeting are:

President: Kim Pearson

1st Vice Pres.: Laura Lee

2nd Vice Pres.: Mendy Anderson

Secretary: Tonya Holm

Treasurer: Open

The district membership is currently 12 and our checking account balance is \$167.

Our next meeting is Nov. 16, 1-3 p.m. at the Waters of Seymour. For information on membership or meetings, please contact Kim Pearson at (812)948-0808 or by e-mail at:

kimberly.pearson@kindredhealthcare.com

District 7 – Southwest - Sheila Daws reporting

This has been our best year for educational topics. Facilities and ADs who have hosted meetings this year have outdone themselves. Unfortunately, our membership is down this year. Our average meeting attendance as been from 4-10. Topice we have covered have included horticulture therapy, Alzheimer's and activities, volunteers, activities role in therapy, and an overview of Fall Conference.

Host facilities have included Meadowood of Bloomington (Mar.), Residence of McCormick's Creek in Spencer (April), Mitchell Manor in Mitchell (June), Glenborn Home in Linton (August) and Golden Living in Bloomington (Nov.).

Officers elected at our Sept. meeting include:

President: Sheila Daws

Co-Treasurers: Diane Thompson and Amber Scott

Vice President and Secretary positions are open.

District 8 – Way South – Erica Thomas reporting

There have been struggles in District 8 this year. Former district president Kim Mullen had back surgery in early January and is still trying to heal from a wound related to the surgery. We ask for your continued thoughts and prayers for Kim.

Last minute location changes, topic changes, and speaker cancellations have kept the officers on their toes. Even with challenges, District 8 has had great educational opportunities for its activity professionals, including: setting goals and following through; mixing your own soil for raised bed gardening; learning what to do if a resident develops c. diff disease, receiving information that every AD can use, learning new activity ideas for lower functioning residents, ways that we can take care of ourselves so we can take care of others.

Our district picnic (for residents) and a day summer were successful. We will try two picnics next year because the first year was so successful. We are also going to work on ways to improve attendance at district meetings and education sessions.

Officers elected at our September meeting include:

President: Open

1st Vice Pres.: Erica Thomas

2nd Vice Pres.: Jennifer Greathouse

Secretary: Carmen Konochowa Miles

Treasurer: Hilary Montooth

I just want you all to know how proud I am of all the activity professionals who came to the conference! What great networking, visiting and learning opportunities there were. We belong to a great organization, one that shows us many different ways to help make the world around us a better place one person at a time. Keep up the great work that you do and know this... you make the day more special for those you smile at and hold hands with. Thank you for all that you do. *Erica Thomas*

STATE OFFICER REPORTS



From the Desk of Barb Eckert

IADA State President

Did You Know?

IADA recently conducted its annual **Fall Conference in Brown County (Nashville)**. The conference was very successful and if you were not able to attend then you missed a great educational opportunity. The role playing for the person centered care was true to life as at any given time in the healthcare setting especially if you have any residents with memory problems you would be able to see those type of residents or behaviors. Ask Terri Dickus & Brian Daniels about the role play – they both should be in drama.

A big thank you to Terri Dickus for all of her hard work in organizing and securing the speakers and hotels. Terri does the phone calls to the suggested speakers and works out the contracts. She then prepares a tentative conference schedule for the board review and requests input and suggestions which is offered. She then goes back to the drawing board to finalize.

Terri averages out how the speakers were evaluated and presents to the board. The board reviews the comments from the conference evaluations and tries to make adjustments for the next conference. Some of the comments made were about the Thursday evening dinner and the welcoming reception and Terri already has ideas to present to the board in November.

Please note that **this board works diligently in helping provide a successful conference**. I will speak for myself and at the conferences I try to sit near the back of the room as there are times that I am in and out of the room and I feel like it is much less disturbing to be at the back of the room to leave for whatever I am needed for than anywhere else in the room. There are other board members that also sit near the back due to things that they need to do and this isn't something that is intended to cause issues. We were not looking at it as not being social or "clique-ish" as we are trying to serve membership.

At each of these conferences **the ultimate goal is that everyone will take away something from the education**. This is also a time that "seasoned" activity directors are able to offer that listening ear and helping ideas with tried and true activities. One of my goals has always been to serve the membership because if membership is served then in turn all the residents benefit. I have always believed that we can never lose sight of membership.

The board also has tried very hard to be **good stewards of the finances**. It is very difficult to do this when a certain number of meals are reserved and almost twenty less show up. We fully understand when things happen but this association still has to pay for the reserved amount no matter how many less people show up; in addition, did you know that once the food leaves the kitchen it cannot be taken back? **The board also decided to give a \$5.00 coupon to anyone that attended the conference to be used for any vendor with no strings attached**. This worked out extremely well for vendors as well as attendees. Using it was up to the attendee.

This board truly gives from their hearts for these VOLUNTEER offices.

All members of IADA are welcome to provide in-put for the association through their district presidents, district meetings, or state board members. *It is YOUR association!* ☺

From the Desk of Erica Thomas

IADA 1st Vice President/Membership

WOW! It seems like we just got the conference started and then it was over. For those of you who are new members and those renewing, I will get your membership processed as quickly as I can. I wish there had been more time for catching up with old friends and getting to better know new ones. If I did not get a chance to welcome you and tell you how glad I am that you made it to the conference, I genuinely apologize and promise to do better in the spring. I had hoped to get to talk to everyone at least once.

Thank you for the vote of confidence as I continue as first vice president membership chair. My goal for the coming year is to become more efficient in my processing time. I hope to get your membership information updated as quickly as I can even as life happens along the way. I hope that we can grow as an organization and become more as we utilize technology around us (the website and facebook page).

Please feel free to email me or call me (check the directory) if there is anything I might be able to help you with. If I don't know the answer, I can find the person who does.

May you get a chance to take a breath before heading into the holidays. We always have a choice; to dig in our heels and put up a fight or go gracefully and willingly, but go forward we must. **I send you Blessings, great Joy and many moments of Laughter.** *Until we meet again...*

From the Desk of Terri Dickus

IADA 2nd Vice President/Education

At **Fall Conference**, Brown County was beautiful with the changing colors. Even though I am a summer person I cannot deny that I love the beautiful autumn colors. It was great to see all of you again along with new faces.

I want to thank **Marilyn Hartle and Ladonna Jensen of Jentle Harts** for the great tools they gave us to practice **Person Centered Care**. If everyone in our facilities truly practiced PCC we would be citation free. More importantly, we would not see as many behaviors. In England Dementia Care Mapping is the survey process. Wouldn't it be nice if the US would begin to survey by observing resident's/participant's state of ill-being or well-being? Perhaps someday we will get there.

At St. Agnes Adult Day Center, we have two Certified Dementia Care Mappers. We map in order to care plan and also for family meetings. **Mapping shows a much more in depth portrait of a person's state of being than normal observation.** Even though we had been training staff and volunteers according to Person Centered Care for three years we were shocked at the results of our first map. There was definitely an AHA moment.

I hope that you had an AHA moment during this conference and took at least ONE thing to try home with you. **Our Spring Conference will be at Drury Inn and Suites in Indianapolis, on March 7-9, 2012. Tonia Hooker will be our main speaker.**

The following are up for **certification renewal** this year.

Janice Bradley	Marianne Shenefield	Brian Daniels	Jane Woznick
Jim Lindzy	Kris Rutledge	Sandy Cassidy	Stephanie Neal
Dixie Miller	Ruth Krout		

We welcome the following **newly certified Activity Professionals** who passed their course and test at Fall Conference:

Diana Bateman	Amanda Benson	Pam Carter	April Dager
Ann Oeding	Karmajean Ostermeyer	Judy Radke	Madison Henderson.

2011 Fall Conference in Pictures



The American flag on the lawn of the Seasons Lodge as the autumn fog begins to wend through the hills of Brown County.



Registration went smoothly as usual! In front left, Erica Thomas checks in participants. In the center, Dietlind Woods makes sure everyone's bill is paid.

Bringing good friends together is part of why conferences are so important. Here past president Glenda Dearth shares a laugh with President Barb Eckert.



The vendors hosted a reception for participants Wednesday night and gave an extra opportunity to peruse their wares.



Glenda Dearth chats with a representative from Bosma Enterprises at the vendor reception.

The District 1 gang gets ready for Wed. p.m.'s session on thematic programming.





Sarah Gray of www.activityconnection.com chats with Marcia Dills after Sarah's presentation on thematic programming.
« « «



» » »
Darlene Swing-Wilson shares her turkey craft with Barb.



« « «
Marilyn Hartle and LaDonna Jenson spent Thursday teaching us about Person Centered Care.



» » »
LaDonna and Terri Dickus rest during a break.



« « «
Small group interaction was an important element in comprehending the breadth of person centered care.



▲ *Is it any wonder we need so many breaks?*



VENDORS

New to conference was **Ripple Creek Clayworks**. They provided demonstrations and information about coming to facilities for an interactive experience for the people who live where we work.



A faithful participant in IADA conferences is **Elder Source Ministries**. This organization provides free and low cost Christian materials for facilities all over the country.

Senior Shopping Service is a great resource for finding just the right goods to provide comfort and service for residents.



Bosma Enterprises helps people with vision impairments to enjoy everyday living.

More VENDORS

Activityconnection.com is a great resource for planning, ideas, themes, calendars, holidays, crafts, cooking club, men's activities, and so much more.



Who doesn't like the fashions of **Cookie Lee**? For a special treat for residents or yourself, be sure to contact Cookie Lee.



Quality Care Solutions consultants Lisa Stuart (L) and Julie Priest-Young (R) gave guidance for negotiating QIS and MDS 3.0 with resources from CMS. A tough job and they excelled!



Sheila Evan and Jennifer Greathouse shared way to integrate activity programs with other disciplines to provide even better person-centered care.

"Alice" makes an appearance with Ricky from Senior Shopping Service ... wonder how long it was until she dozed off again! ☺

