

SPEAKERS

Shari LeMonnier received a Master of Fine Arts Degree in sculpture from the School of the Art Institute in 1982, where she was awarded the first place John Quincy Adams Traveling Fellowship. She has exhibited her work in Egypt, Greece, France & Germany, and throughout the U.S. She has been awarded individual artists grants from the Indiana Arts Commission, a 2005 Ragdale Foundation Fellowship, Indiana Arts Alliance Scholarships, and has had her projects supported by the Nat'l Endowment for the Arts. Recently, the Middle east council of Churches, the Embassy of Afghanistan, and the White House have recognized her for her spiritual and peace related work. Shari has created mural projects for a school in Guatemala and for the ETEBA mission in Brazil and led workshops in The Gambia, Africa. She has taught workshops for seniors in Munster, IN. and for Hospice of the Calumet. She provides private and group lessons in drawing and painting and gives workshops in fresco and sculpture, specializing in mortars, plasters and cement.

Dan LeMonnier has been a professional storyteller and musician for over 25 years. He holds a BA in Theatre arts from Marquette University and an MFA from DePaul University's Theatre School. He recently received his Mastery of Biblical Storytelling from the Academy of Biblical Storytelling which is housed on the campus of Christian Theological Seminary in Indianapolis. Dan has performed at the Smithsonian Institute, the 53rd Presidential Inaugural and the Shanghai Children's Palace. He received his certification as an Instructor of Holistic Storytelling from the Wheel Council in 1999 and is also a member of the Healing Story Alliance, a group of storytellers and therapists dedicated to exploring the use of story in the healing process. Dan is also an ordained Stephen Minister, which is a listening, care giving ministry for people in personal crisis. He is the Youth Director at Westminster Presbyterian Church in Munster, IN.

Dana Zier grew up on a ranch in Montana. She has also lived in Wyoming, Colorado, Germany, England and now in Indiana. She works mainly in acrylic/oil paint and in every size, but also works in pen and ink, mixed media and murals. There are many artists who have influenced Dana in idea rather than style. Deborah Butterfield, John Buck, Marie Cassat, Jacob Lawrence, Laura Marie Anderson and Ivan Long to name a few. Many of her subject influences come from life experience and accounts of women who have been affected by abuse, neglect, and homelessness. Symbolism and emotion combined with representational subjects intrigue this artist.

She has taught art at Montana State University, Purdue University, Valparaiso, University and St. Joseph College .

Mark Laker, M.S., is co-owner of Rowlett & Laker, Inc. and is coordinator /teacher of the Activity Director's Course and the Indiana Sports games for Persons with Disabilities. Among the many awards/ honors he's received are; Distinguished Hoosier (2nd highest citizen award presented by the governor), Outstanding Educator (IAHSA), Outstanding Contribution (IU), Outstanding Service (U of I), He has been chairman of National Alzheimer's Assoc. Annual Conference, Indiana Conference on Alzheimer's Disease and Indiana Sports Games for Person's with Disabilities.

Laurie Lunsford graduated from Ball State University in 1973 with a BS in Elementary Education with art minor. MA degree in 1976. She taught art for 5 years and participated in music for many years... choirs, percussion, violin, piano & guitar. She has been a long time volunteer in nursing homes.

Brian Daniels has been Director of Program and Services at Timbercrest, a CCRC in North Manchester, since 1998. He discovered Tai Chi on a trip to China and Mongolia in 2001. He has a B.A. in Religion and Bible from Anderson University, has completed a year of seminary, and has been a Certified Activity Director for 10 years. He has been married to Karen for 28 years and has two adult children (no grands yet!)

Patty Green loves improving the quality of life for Seniors. After working in facilities for many years she is presently working for Trilogy Health Systems as Programming Support for all their Health Campus's working to maintain the high standard of resident directed activity programming and optimum quality of life for each.

United Art & Education



Indiana Activity Director's Association
PO Box 215
Mooreville, In 46158

The Indiana Activity Director's Association "35 Years of Creativity"



SPRING CONFERENCE INDIANAPOLIS MARCH 11-13, 2009

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WEDNESDAY, MARCH 11

2:30 Board Meeting
5:00—6:00 Registration
6:00 Accreditation Test
6:30—7:30 Vendor's Reception
7:30 Wii Therapy

THURSDAY, MARCH 12

7:00 Breakfast
7:30 Registration
8:00 Welcome & Vendors Presentation
8:30 Folktales as Roadmaps
8:30 Anybody Can Paint!
10:00 Break & Vendors
10:30 My Story Matters
10:30 Created to be Creative
12:00 Lunch
1:00 Using Art with Alzheimer's
1:00 Crafts
2:30 Break & Vendors
3:00 Alzheimer's Art Pt.2
3:00 Tai Chi
6:00 Dinner

Friday, March 13

7:00 Breakfast
8:00 Music Memories Energize the Soul
10:00 Break & Checkout
10:30 Activities: Encouraging, Exciting, and Electrifying
12:00 Certificates

SESSIONS

Wii THERAPY— Learn how to use Wii Technology to enhance co-ordination, cognition , sense of fun and community in residents in facility care.

Folktales as Roadmaps—We will look at 3 traditional folktales. One deals with the struggles of youth. The 2nd looks at middle age and the 3rd story explores the wisdom of the elders. We will talk about our life journeys and explore simple methods of telling folk tales and connection them to our life journey.

My Story Matters—Developing themes from the first workshop, we will use storytelling games to explore personal stories that are central to our life journey. I matter, I made a difference, and I moved the world forward! Looking at our lives through the lens of story-telling allows us to see how we made a difference and gives us a tool to affect the future.

(In both sessions above we will discuss how to form and sustain your own Elder Storytelling guild.)

ANYBODY CAN PAINT! With just a few simple exercises, you can create beautiful landscapes and floral paintings in each session. There is no experience required.

CREATED TO BE CREATIVE—In this spiritual arts workshop, we will talk about artists in the bible, read and visualize scripture and create unique inspired works of art. No experience is required.

ALZHEIMER'S ART—A 2 part session that will include an introduction to the right-brain, and recognizing art and design elements in Alzheimer's art. You will learn how to teach in an intuitive sense over an instructional sense and will create a work of art .

Crafts—In this session you will create a beautiful craft to take home and receive ideas for crafts that your residents will love..

MUSIC MEMORIES ENERGIZE THE SOUL —Music for fun is energizing and stimulates the senses. Add activities and it becomes a social event. Use music games and it exercises the memory. Improvisation stirs creativity. Bringing music from the past forward give opportunities to reminisce.

This interactive workshop will provide opportunities for verbal expression and hands on exercises that will stir creative energy. Hear current research about the health benefits of recreational music.

TAI CHI—We will examine some basic principles of Tai Chi and participate in the basic movements of three adapted forms, "Standing" for the most able bodied; "Intermediate", a shorter form that combines standing and sitting; and "Seated", for those unable to stand.

Activities: Encouraging, Exciting and Electrifying—Using the three "E's" will help to improve the lives of your residents. The session will offer the participants an opportunity to experience tried and true successful activities. It will also address challenges

Workshop Fees:

Member: \$235.00

Non-Member: \$300.00

One Day Workshop (Thursday Only)

Member: \$165.00

Non-Member \$250.00

Vendors / Guests: Meal Tickets available

Lodging Reservations are the responsibility of the individual
Room Rates: \$98 Hotel Reservations must be made by 2-18-09

Holiday Inn North (@ the Pyramids)

3850 DePauw Blvd.

Indianapolis, In. 46268

317-872-9790

REGISTRATION

Complete and mail to:

Indiana Activity Director's Association

PO Box 215

Mooresville, In 46158

Make checks payable to I.A.D.A.

Conference Registrations rec'd after 2-20-09 : Add \$15.00

NAME _____ FACILITY _____

ADDRESS _____

PHONE _____ EMAIL _____

CHECK HERE TO TAKE ACCREDITATION TEST

(Must be a member in good standing and have worked

as an Activity Director for a period of one year)

ART & CRAFT SESSIONS
MUST BE REGISTERED FOR
IN ADVANCE

- Anybody Can Paint!
- Created to Be Creative
- Alzheimer's Art (Pt. 1 & 2)
- Crafts

Be sure to visit these Sponsors; Rowlett & Laker, Inc. , Senior Shoppers

Elder Source Senior Ministries, Living Legacy & Assoc., Inc., United Art & Education

Registration credit only in the event of a family emergency or State enters your facility