

The Indiana Activity Director's
Association
"34 Years of Confidence"



ACTIVITIES...

A BRAND NEW WORLD

EVERYDAY

SPRING WORKSHOP

MARCH 5,6,& 7, 2008

"Your Professional Organization"

By Choice

Providing Education Programs for 34
Years

Health Care Professionals

Activity Directors

Social Service

Administrators



Activity Director's Association

PO Box 215

Mooreville, In 46158

Workshop Fees:

One Day Workshop *(Thursday Only)*

Member: \$235.00

Member: \$150.00

Non-Member: \$300.00

Non-Member \$225.00

Vendors / Guests: Meal Tickets available



Lodging Reservations are the responsibility of the individual

Room Rates: \$96.00 Per Night

Reservations must be made by 2/15, 08

Holiday Inn North at the Pyramids

3850 DePauw Blvd.

Indianapolis, In 46268

317/872-9790

REGISTRATION

Complete and mail to:

Indiana Activity Director's Association

PO Box 215

Mooresville, In 46158

Make checks payable to I.A.D.A.

Registration @ Door: Add \$15.00

NAME _____

FACILITY _____

ADDRESS _____

PHONE _____

EMAIL _____

CHECK HERE TO TAKE ACCREDITATION TEST

(Must be a member in good standing and have worked as an Activity Director for a period of one year)

Registration refundable only in the event of a family death or State enters your facility

AGENDA

Wednesday, March 5, 2008

4:00	Board meeting
6:30	Registration
7:00	Accreditation Test
7:00 –8:30	Fun with Documentation (Brian Daniels)

Thursday, March 6, 2008

7:00	Breakfast Buffet
7:30	Registration
8:00	Welcome
8:15	Vendors Presentation
8:30–10:00	Dealing with Change—A Brand New World Everyday (Cat Selman)
10:00	Break & Vendors
10:30 - 12:00	Survey Deficiencies : Implications of the revised Activities Guidance and Out- come Severity Guide (Cat Selman)
12:00	Lunch & Vendors
1:00 - 2:30	Survey Deficiencies, cont'
2:30	Break & Vendors
2:45 –3:45	Survey Deficiencies, cont'
3:45	Break & Vendors
4:00 - 5:00	Surviving the Business with Humor (Cat Selman)
6:00	Dinner
7:30	Retirement Party for Ada Morris

FRIDAY, March 7, 2008

7:00	Breakfast
8:00 -10:00	Activities...An Administrator's View (Katherine Seibel)
10:00	Break & check out of hotel
10:30 -12:00	Living Your Dreams (Linda Barber)
12:00	CERTIFICATES— <i>Have a safe trip</i>

Catherine R. “Cat” Selman, BS, Acc, is a Certified Activity Consultant who presently serves as President and Co-owner of The Healthcare Communicators, Inc., a company specializing in continuing education for healthcare professionals. With over 30 years of experience in activity practice, education and consultation, Ms. Selman has trained providers and surveyors in over 45 states. Ms. Selman has held positions on numerous CMS Workgroups, assisting in drafting the HCFA activities interpretive guidelines in 1987 & 1990. More recently she assisted CMS with the development and presentation of a Satellite Training Program for surveyors entitled, “Surveying Activity Requirements in Nursing Homes”. She served on the Activities Interpretive Guidelines Panel for CMS from 2002 to 2005, assisting in the revision of surveyor guidance for activity requirements (F248 & F249) as well as the development of surveyor training materials. Considered an authority in activity practice, she also provides conference keynote and plenary sessions on a variety of topics. She currently holds the position of Co-Founding Director of the Quality of Life Alliance.

Cat’s Sessions will revolutionize your department.

Dealing with Change *Health care professionals deal with change on a daily basis.: more requirements, different survey issues, new admissions/residents/families, new employees/co-workers, change of ownership or leadership*
Participants will learn coping techniques to effectively deal with change.

Survey Deficiencies...Unfortunately there is only one state with more deficiencies than Indiana.

Has the guidance actually made a difference in the survey process? Have facilities significantly changed the process by which they provide activity services and meet residents’ psy-

chosocial well-being? And has this process stimulated a “total team “concept for meeting all these needs? Cat will provide an update on actual citations-and their links to psychosocial harm, as well as facility citations received for unmet psychosocial needs specific to Indiana so that participants will be learning what is actually happening in their state. Cat will provide tips and recommendations as to programming, documentation, and systemic process that should have been in place to have avoided the deficiencies. This is the seminar to attend if you want to be fully prepared for your next survey!

Humor... This session takes a look at the humorous side of healthcare. Through the humor we see very real resident/client issues and what we, as providers, should have in place to meet those issues. Utilizing humor , participants will learn necessary techniques to maintain a balance in providing care that is both meaningful and realistic.

Activities... An Administrator's Point of View - Kathy Seibel is the administrator at Good Samaritan Home and Rehab Center in Oakland City, Indiana. She graduated from Purdue University in 1987 earning a BS degree in Social Services. She has worked in long term care in the areas of Social Services and Activities in Tennessee and Indiana. The single mother of three, she is an accomplished musician. Kathy writes and performs bluegrass music. She wrote and performs the jingle currently being used by Good Samaritan Home. She is a member of NADA, Gibson County Disaster Team and Indiana Alzheimer's Association. *This session will encourage and inspire you to live your passions and dreams, find and fulfill callings as well as improve lifestyles and careers.*

Living Your Dreams...Linda Barber , a native of Minnesota and a graduate of Oak Hills Christian College, Minnesota, is a licensed non-denominational Minister, affiliated with the American Association of Christian Counselors and a Mezzo-soprano soloist. She spent 15 years in the field of Interior Design. An advocate for mentoring, Linda has been involved with the Big Sisters of Central Indiana. A caregiver by nature she is a Practitioner of Massage Therapy through Healing Arts Academy. Linda writes inspiring nonfiction and is a published author. *Participants will learn the components of a good activity department and the importance of activities in*

meeting Residents' psychosocial needs.

Fun with Documentation... AD's are usually the fun loving members of long term care teams and documentation can be a real drag. *Why write care plans when you can be having a party right? The purpose of this session is to help you write care plans and progress notes that are sound according to regs, but don't read like nursing notes “made over”. Act. Documentation should be written with meaning and purpose for the resident and reflect the unique role we play in resident's lives.*

With fifty years experience in activities, the team of **Brian Daniels, Janice Bradley, and Marianne Shenefield** bring years of training to the profession. Brian has a B.A. in Religion from Anderson University and a year of seminary school through the Orthodox Church. Janice has 3 1/2 years of college in Music Therapy and is a Nationally Certified Activity Professional, Marianne Shenefield has been an activity assistant and activity director in a wide variety of settings spanning nearly 20 years. All of them serve at Timbercrest, a Church of the Brethren CCRC in North Manchester, Indiana. Brian is Director of Program and Services, heading Department of seven full-time and one part-time employee. He has been at Timbercrest 10 years. Janice Bradley is activity director in Timbercrest's 16 bed Alzheimer's Unit and has been at Timbercrest for 20 years. Marianne is activity director in Timbercrest Health Care, a 45 bed skilled facility.

